

Health & Wellbeing at Blessed Sacrament

What is available?

EMHP - Educational Mental Health Practitioner

This is to support children in school either on a one-to-one basis or through the REACT group which offers support for anxiety related issues. Access to this service will be made via a referral made by school.

SFSS Schools Family Support This is an external agency who can provide support for both children and families. They can help with housing issues, debt management, supporting behaviour at home.

Lunchtime Clubs - Our lunchtime clubs offer support to children who are struggling with what can be a very noisy and busy time of the school day. Our Learning Mentors provide this provision.

Drawing & Talking Therapy - Drawing and Talking technique is a safe and easy to learn short term, time-limited therapy to be used with anyone (age 5+) who has suffered trauma or has underlying emotional difficulties. It supports those who are not realising their full potential either academically, professionally or socially.



EWO - We work with schools, agencies and parents to support pupils who are at risk of exclusion and disengagement. This may be where a pupil has social, emotional or behavioural difficulties, is a looked after child or where the child has been excluded from school.

Brighter Horizons Counsellor - This is counselling provided by an outside agency. Parents or a member of staff in school can ask for a child to be referred to this service. Safeguarding/Wellbeing Team to complete referral forms.

ROCKET Group - this is a group of children who receive peer mediation training. The group of children support their peers during playtimes. A member of staff supports the children in this role.

Learning Mentor Support - Our Learning Mentors offer a range of support to children suffering with low level anxiety, friendship issues, bereavement and much more. Parents and teachers can request support.

Family Liaison Officer - We have a school based family liaison officer who is able to offer support to our children and families,

Please speak to a member of the Wellbeing & Pastoral Team

If you think your child may need extra support with their Wellbeing and Emotional needs