

Spring 1 2023

Blessed Sacrament Catholic
Primary School

Religious Education and
Catholic Life Newsletter

“Aim High – Live life to the full”

Chinese New Year

Gong Xi Fa Cai! Happy new year! This year is the year of the rabbit. We explored this in our PSHE lessons this half term. Some of the children went into Liverpool city centre to see some of the celebrations. There were traditional dragon, lion and unicorn parades, along with firecracker displays, family workshops and tai chi demonstrations.



Mass Times

Saturday 11th February 4:30pm -Vigil Mass 6th Sunday
of Ordinary Time

Sunday 12th February 10am - 6th Sunday of Ordinary
Time



**Feast Days/Holy
Days**

22nd February -
Ash Wednesday

26th February - First
Sunday of Lent

25th March -
Annunciation of
the Lord



WEDNESDAY WORD

Wednesday's word is TEACHER

'The family is where parents become their children's first teachers in the faith. The family's strength lies in its capacity to love and to teach how to love.'

Click [here](#) to view this week's Wednesday Word.



Children's Mental Health Week

We celebrated children's mental health week this week. This year's theme is **Let's Connect** and is about making meaningful connections. In our PSHE lessons we have spoken about how people thrive in communities, and how this connection is vital for our wellbeing. Having healthy connections – to

family, friends and others – can support our mental health and sense of wellbeing!

The CAFOD Big Lent Walk

On Friday 24th February, we will be launching our 'Big Lent Walk'. Our aim is to walk 200km in 40 days to help fight global poverty. This will be a cumulative total. We are called the 'Blessed Sacrament Strollers'. Look out on social media for the link that we will be sharing so that you can donate online. We will also be making paper sponsorship forms available if required.





First Holy Communion

First Holy Communions will be taking place in May. All FHC meetings have started to take place in church. Parents/Guardians should have signed up for a Monday/Tuesday or Thursday. There is a meeting each month until April.

Mondays – 4pm

Tuesdays - 6pm

Thursdays – 4pm

Please see Mrs Jackie Brougham at church for further information or if you have any questions.



Community and Parish News

Keep up to date with news and events in the parish. Download the [parish newsletter](#).

Children's Liturgy

Please feel free to download and use weekly worksheets with your children at home.

<https://www.blessedsacramentaintree.co.uk/childrens-liturgy>

Pause for Reflection

Dear God,

Speak to our hearts and help us see that we are one big family.

Old or young. Short or tall.

Wherever we live, you made us all.

Help us to share, however hard it seems.

To make our world fair and live out our dreams.

