

The Treehouse @
Blessed Sacrament Catholic
Primary School



Personal Care Policy

“Aim high – live life to the full”

Written By	J. Lawrence and S. Stokes
Ratified by Governors	March 2022
Date for review	November 2023
Signed Chair of Governors	T. Gunderson
Signed Headteacher	C Davey

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. The EYFS/KS1 enhanced provision has nappy changing facilities and exercise good hygiene practises in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- staff within the provision have a list of personalised changing times for the children in their care who are in nappies or ‘pull-ups’
- children from two years should normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and their parents agree
- provision staff undertake changing children when it is needed, all staff will support children to be comfortable
- changing areas are warm with safe areas for children to be supported
- each child who requires personal care has their own supply of nappies and wipes which will be stored discreetly
- gloves and aprons are put on by staff before changing starts and the areas are prepared a paper towel is put down on the changing mat freshly for each child
- all staff are familiar with the hygiene procedures and carry these out when changing nappies
- in addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children
- children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet, visuals are used to support children in understanding the different parts of being more independent when using the toilet
- children are encouraged to wash their hands, and have soap and towels to hand. Again, visuals will be used to support this.
- All staff are gentle when changing; they avoid pulling faces and making negative comments about ‘nappy contents’
- nappies and pull ups are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- we have a ‘duty of care’ towards children’s personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

First Aid

If a child requires first aid in an intimate area:

- There must be two members of staff attending the child.
- An accident slip will be completed whether the child allows treatment or not.
- A phone call as per the first aid policy relaying bumped heads. For EAL text in their first language. Offer parents to come in and check if necessary.
- Communication to the child's teacher as to the events that lead up to the injury and the injury itself will be provided.
- Teacher to feed back to parents on the door or whichever method of communication is appropriate

Review Date: July 2022