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**There is something you must
always remember. You are
braver than you believe,
stronger than you seem and
smarter than you think**

Winnie the Pooh

OAKLEAF

Monday to Friday

9.00am - 5.00pm

0151 236 3932

**We work with schools to raise
awareness about the needs of
children and young people
during difficult times**

Oakleaf Groups:

**We offer our Oakleaf Loss
and Grief for children and
young people**

**Our groups will enable
children and young people
to understand their feelings
and learn coping strategies by
utilising their own resources**

and support with grief and loss, help is there