



Blessed Sacrament Relationships and Sex Education Curriculum Termly Overview 2023/2024

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery Wonder at God's Love	Physical Focus on how we all look different.	Social Reinforcement on how we are different. Numbers of boys and girls in class.	Emotional	Intellectual Causes and identifying happy and sad. Observing expressions	Spiritual The wonders of God's world. Their place in the world.	
Reception God loves each of us in our own uniqueness	Physical Discuss how we are different from one another.	Social Identify who they play with and what they enjoy doing.	Emotional Look at the different types of friends they have.	Intellectual Describe how to be a good friend.	Spiritual Recognise that Jesus is our friend.	
Y1 We meet God's love in our family	Physical Talk about who is in their family. Talk about how fast babies change and grow. <u>(children will need to establish the age they took their first</u>	Social Children will share their home research from previous lesson. Parents share the wonder and excitement of these moments of growth and development.	Emotional Look at happy and sad moments within a family.	Intellectual How is love shown in a family?	Spiritual Know that we are members of God's family.	

	<u>steps/first words prior to the next lesson)</u>					
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Y2 We meet God's love in the community.	Physical What is community? Explore school as a community.	Social How can we contribute to the community?	Emotional Are we always happy in our community?	Intellectual Could people feel alone even if they are in a community?	Spiritual As children of God, how should we help each other?	
Y3 How we live in love.	Physical Who cares for me at home, school, parish, community?	Social How do you keep safe? How do you take care of others?	Emotional How do you feel if a friend is not there for you or you are not there for them?	Intellectual Can you recognise the difference between being alone and being lonely?	Spiritual How can I forgive and include others as Jesus did?	
Y4 God loves us in our differences.	Physical Recognise all pupils grow and develop at a different rate Identify the development of the baby in the womb.	Social How do I learn to accept and celebrate who I am?	Emotional Look at how pupils appreciate their own and others gifts, talents, achievements and all that makes us unique.	Intellectual Look at understanding, naming and dealing with feelings.	Spiritual St Paul's teaching on love	
Y5 God loves me in my changing and development.	Physical and Intellectual Identify and celebrate the ways I have changed since birth. Discuss the external and internal changes	Social/Emotional Recognise behaviour changes as we grow up. Reflect on ways to become more sensitive to the emotional development of			Spiritual Share and celebrate the wonder of change.	

	<p>which happen to boys and girls in puberty. Identify that physical changes from child to adult means the ability to become a mother or father.</p>	<p>oneself and of others.</p>				
<p>Y6 The wonder of God's love in creating new life.</p>	<p>Physical Explain how human life is conceived. Recognise male and female reproductive organs. Know that sexual intercourse is an expression of love between two adults. Understand how a child grows within the mother's womb</p>	<p>Emotional That relationships develop and eventually you may be able to use the word love. The commitment of real love.</p>	<p>Social Recognising signs of love expressed by those around us. Reflecting on the different degrees of friendship.</p>		<p>Spiritual Understand that God causes new life to begin through the love that parents have for each other Celebrate God's creative love in creating us as his children.</p>	

*RSE will be delivered the first Friday of every half term as per above.