

Blessed Sacrament Catholic Primary School



PSHE Policy 2023-2024

“Aim high – live life to the full”

Written By	Beverley Marsden
Ratified by Governors	September 2023
Date for review	September 2024
Signed Chair of Governors	<i>T. Gunderson</i>
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PSHE Policy

Subject Leader – Beverley Marsden

Overall Aim;

To give children and young people the knowledge, skills and understanding they need to lead confident, healthy and independent lives and to understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up.

1 Aims and Objectives

At Blessed Sacrament Catholic Primary School, we believe that personal, social, health and citizenship education (PSHE), enables children to become healthy, independent and responsible members of society. We attempt to provide children with the tools to understand how they are developing personally and socially and whilst doing so allow them to be able to successfully tackle many of the moral, social and cultural issues that are part of growing up. In using the principles of 'Every Child Matters' as a foundation on which to develop the children's PSHE skills we aim to focus on well-being to enable children and young people to embrace change, feel positive about themselves and enjoy healthy, safe, responsible and fulfilled lives. In terms of economic well-being and financial capability, we aim to teach young people to develop as questioning and informed consumers and learn to manage their money and finances effectively. We want our children to be confident, self-motivated individuals who understand their rights and responsibilities within a diverse multi-cultural society. In pursuit of these aims we will use the PSHE Association website and we have designed our own scheme of work based on their question led approach.

1.1 Through PSHE, we aim for all learners to:

- Know and understand what constitutes a healthy lifestyle (in line with the National Healthy Schools guidance)
- Be aware of safety issues
- Understand what makes a good relationship with others
- Have respect for other people
- Be independent and responsible members of the school community, demonstrating behaviours adopted in our school values
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community
- Gain the knowledge, skills and understanding to play an effective role in public life.
- Learn about their rights, responsibilities, duties and freedoms and about laws, justice and democracy.
- Play an active role in the life of their schools, neighbourhoods, communities and wider society as active citizens.
- Equip children and young people to engage critically with and explore diverse ideas, beliefs, cultures and identities and the values we share as citizens in the UK.

2 Teaching and Learning Style

2.1 We use a range of teaching and learning styles within PSHE. We place an emphasis on active learning by including the children in discussions, P4C, investigations and practical problem solving activities. Active citizenship is promoted with teaching and learning, embracing pupil voice and involvement. We utilise the strengths/expertise of others in the

school and the wider community with incoming visitors planned to enhance learning. We attempt to identify pupils' needs using pupil discussions and the school council. Through the use of assemblies and internal visits we attempt to provide a range of learning experiences for our children.

3 PSHE curriculum.

3.1 PSHE is taught in a variety of ways. Where possible we make links with other subjects, using a cross-curricular approach, enabling learning to be put into context. Due to the strong link with PSHE and PE, we aim to continuously promote healthy lifestyles. We also provide many opportunities for the children to be active especially through our continued drive to be a healthy school and being an ecologically friendly school. Thus, allowing the children opportunities to develop skills as a citizen. RE and PSHE are also often linked to maximise understanding but there are other times where we teach PSHE discretely.

3.2 PSHE aims to build on existing good practise: our active 'School Council' discuss whole school matters.

4 Teaching PSHE to children with special needs

4.1 Equality and diversity requires a whole-school approach. Therefore, PSHE is taught to all our children, regardless of ability. Work is differentiated and matches the needs of all pupils. Personal Provision Plans (PPPs) are taken into account and support is identified where appropriate. PSHE also provides an opportunity to raise awareness of the needs of particularly vulnerable children and young people such as Looked After Children (LAC), Young Carers and those who experience domestic violence. Support for children and young people from all backgrounds is highly valued with PSHE often providing opportunities to sensitively address these issues and build understanding as well as opportunities to signpost to support and advice.

5 Assessment and Recording

5.1 Teachers assess the children's knowledge and understanding of PSHE through observations and classroom discussions. Levels of confidence, team participation, social and communication skills are continually assessed throughout the year and are recorded in the pupil's end of year report.

5.2 We encourage our pupils to keep records of their contributions to the life of the school and community. British Values and SMSC scrapbooks are kept in Year groups as an evidence base and also used to revisit topics when necessary.

6 Resources

6.1 Staff are encouraged to share resources and place them on the shared drive.

6.2 There is an online subscription to the PSHE Association for access to their website which drives the scheme we have written.

7 Monitoring and Review

7.1 The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

8. Links to other Policies

This PSHE policy should be read in conjunction with the Health and Safety, Drugs Education, Bullying, R.E, SMSC, Science, Healthy Schools, and Sex and Relationships Policies.