

# Traditional Prayers KS2



## Traditional Prayers

### Key Stage 2

Cross of Values

Sign of the cross

Our School Prayer

Morning and Evening prayers

Prayers before and after meals

Responses at Mass

Greeting the Gospel (Alleluia)

Prayers for the blessing of the Advent wreath,

lighting of the candles

Prayers for Christmas

Our Father

Hail Mary

Glory be to the Father

Simple Magnificat

Come Holy Spirit

Act of sorrow

I confess

Angelus

Benedictus

Magnificat

Eternal Rest

Act of love

Act of contrition

The Rosary

Some prayer used at Mass

Saints prayers e.g. St Teresa of Avila, St Francis of Assisi

# Our Cross of values

**Love**



**Hope**



**Kindness**



**Forgiveness**



**Care**

## Sign of the Cross

In the name of the Father,

And of the Son,



And of the Holy Spirit.



Amen.





# Blessed Sacrament School Prayer



Dear Lord,

We know that you are the Good Shepherd and that you have come so that we can have life and live it to the full.

Help us to follow in your footsteps and to live through our core values of **love, hope, kindness, forgiveness** and **care**.

Thank you for giving us the opportunity to be part of the family of Blessed Sacrament.

We will always try to aim high and live life to the full.

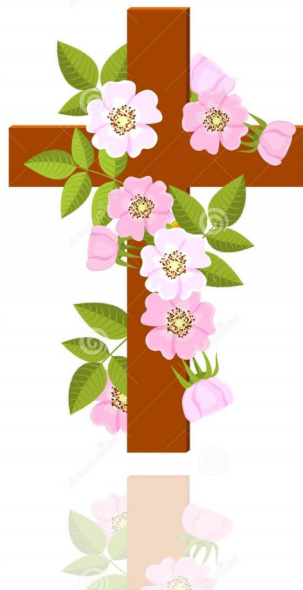
Amen.



## Morning Prayer

O my God you love me,  
You're with me night and day  
I want to love you always  
In all I do and say  
I'll try to please you Father  
Bless me through the day.

Amen



## Grace before meals

Bless us, O Lord,  
and these Thy gifts,  
which we are about to receive  
from Thy bounty,  
through Christ our Lord.

Amen.



## Grace After Meals

*Thank you, God,  
for the food we have eaten.*

*Thank you, God,  
for all our friends.*

*Thank you, God,  
for everything,  
Thank you, God.*

*Amen*





## Evening Prayer

God our Father,  
I come to say,  
Thank you for your love today.  
Thank you for my family,  
And all the friends you give to me.  
Guard me in the dark of night  
And in the morning  
Send your light.

Amen



## Reponses at Mass

Priest: 'The Lord be with you'

All: 'And with your Spirit'

## Response at Mass

Priest: The peace of the Lord be  
with you always.

**All: And with your spirit.**

Priest: Let us offer each other the  
sign of peace.

**All: Peace be with you.**

# Response at Mass

'The Word of the Lord'

Thanks be

to God!

# Greeting the Gospel

Alleluia!

## An Advent Prayer

In his love Jesus has filled us with joy  
As we prepare to celebrate his birthday

So that when he comes

He may find us watching in prayer  
Our hearts filled with wonder and praise

(from the Preface of Advent II)

Prayers for the blessing  
of the Advent wreath

*Bless our Advent wreath.*

*Help us to get ready.*

*May we give happiness to others  
Each day of Advent 'til Christmas comes  
Each time we light a candle  
We'll think of what to do  
To make this time a special time  
Of love for me and you.*

## A blessing for the Advent wreath

Bless our Advent wreath.

Bless each one of us.

Help us during this first

(second, third, fourth)

week of Advent,

to get ready to welcome Jesus at  
Christmas.

Help us to show love and care,

to bring happiness to others.



## An Advent litany of thanks

For the joys of Advent,  
thank you God.

For the fun of making cards and gifts,  
thank you God

For the joy of the Advent calendar,  
thank you God.

For the lights on the Advent wreath,  
thank you God.

For the songs to sing and the stories we  
hear,

thank you God.

Especially for Jesus,  
thank you God.

## A Christmas Prayer

God our Father,  
we rejoice in the birth of Jesus,  
May we share his life completely  
By living as he taught.

(from Midnight Mass,  
Prayer after Communion)

## A Prayer for Christmas Morning

Dear Jesus

When we come to the crib  
on Christmas morning,  
May we love you as Mary loved you,  
Serve you as Joseph served you,  
And come to you as the shepherds  
and wise men came to you with gifts.  
Amen

# Our Father

*Let us say an Our Father together, asking God to help us to follow Jesus and be a witness of hope and peace to the world.*

Our Father,  
Who art in heaven,  
Hallowed be Thy name.  
Thy Kingdom come,  
Thy will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen



## Hail Mary

Hail Mary,  
full of Grace,  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of our death.  
Amen



# Glory be to the Father

Glory be to the Father,  
and to the son,  
and to the Holy Spirit,  
as it was in the beginning  
is now and ever shall be,  
world without end  
Amen



## A simple Magnificat

Mary was so happy, she sang a song of praise to God:

"God is so good. My heart is full of joy.

I give thanks and praise to God,  
for God has blessed me very specially.

I am poor and unimportant,  
Yet God has done such great things for me.

Holy is God's name.

God is so strong.

God's love lasts for ever.

God looks after everyone.

God is with the poor and the hungry.

God is always very close.

God never forgets anyone."

(based on Luke 1:46-55)



## Magnificat

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.





## Come Holy Spirit

Come Holy Spirit,  
fill the hearts of your faithful  
and enkindle in them  
the fire of your love.  
Send forth your spirit  
and they shall be created  
and you shall renew  
the face of the earth.  
Amen

## Act of sorrow

O my God,  
I thank you for loving me.  
I am sorry for all my sins,  
for not loving others  
and not loving you.  
Help me to live like Jesus  
and not sin again.  
Amen



## Act of Contrition

O my God,  
because you are so good,  
I am very sorry that  
I have sinned against you,  
and by the help of your grace  
I will not sin again.

Amen



## I confess

I confess to almighty God,  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done,  
and in what I have failed to do;  
through my own fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever- virgin,  
all the Angels and saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.



## Act of love

O my God,  
I love you above all things,  
with my whole heart and soul,  
because you are all-good  
and worthy of all love.  
I love my neighbour as myself  
for the love of you.  
I forgive all who have injured me,  
and I ask pardon of all  
whom I have injured.  
Amen

## The Angelus

The Angel of the Lord declared to Mary:  
And she conceived of the Holy Spirit.

*Hail Mary, full of grace, the Lord is with thee; blessed art thou  
among women and blessed is the fruit of thy womb, Jesus.*

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.*

Behold the handmaid of the Lord:  
Be it done unto me according to Thy word.

*Hail Mary . . .*

And the Word was made Flesh: And dwelt among us.

*Hail Mary . . .*

Pray for us, O Holy Mother of God,  
that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts;  
that we, to whom the incarnation of Christ, Thy Son,  
was made known by the message of an angel,  
may by His Passion and Cross be brought to the glory of His Resurrection,  
through the same Christ Our Lord.

Amen

## Benedictus

Blessed be the Lord, the God of Israel!  
He has looked favorably on his people and redeemed them.

He has raised up a mighty savior for us in the house of his servant  
David,  
as he spoke through the mouth of his holy prophets from of old,  
A savior who would free us from our foes, from the hands of all who  
hate us.

So his love for our fathers is fulfilled and his holy covenant remem-  
bered.

He swore to Abraham our father to grant us, that we, being rescued  
from the hands of our enemies,  
might serve him without fear, in holiness and righteousness before  
him all our days.

As for you, child, you shall be called a prophet of God, the most High;  
for you will go before the Lord to prepare his ways,  
to give knowledge of salvation to his people, by the forgiveness of  
their sins.

By the tender mercy of our God, the dawn from on high will break up-  
on us,  
to give light to those who sit in darkness and in the shadow of death,  
to guide our feet into the way of peace.

## Eternal Rest

Eternal rest grant unto them,  
O Lord,  
and let perpetual light  
shine upon them.  
May they rest in peace.

Amen





# The Rosary

Start by making the sign of the Cross:  
In the name of the Father, and of the Son and of the Holy Spirit.  
Amen.

Then recite the Creed:

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord.  
He was conceived by the Holy Spirit,  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
On the third day He rose again.  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen

Then say 1 "Our Father",  
3 "Hail Mary's" for the virtues of Faith, Hope and Charity;  
and then 1 "Glory Be":



## Prayers at Mass - Gloria

Glory to God in the highest,  
And on earth peace to people of good will.

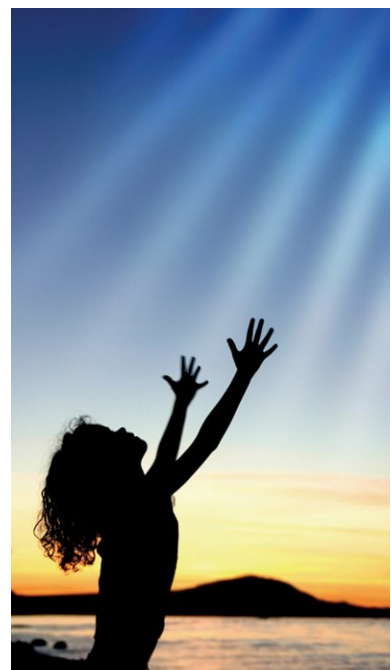
We praise you,  
We bless you,  
We adore you,  
We glorify you,  
We give you thanks for your great glory,  
Lord God heavenly King,  
O God, almighty Father.



Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
You take away the sins of the world,  
Have mercy on us;  
You take away the sins of the world,  
Receive our prayer;  
You are seated at the right hand of the Father,  
Have mercy on us.

For you alone are the Holy One,  
You alone are the Lord,  
You alone are the Most High  
Jesus Christ,  
With the Holy Spirit  
In the glory of God the Father.

Amen



## Lamb of God

Lamb of God you take away  
the sins of the world.  
Have mercy on us.

Lamb of God you take away  
the sins of the world.  
Have mercy on us.

Lamb of God you take away  
the sins of the world.  
Grant us your peace.



Lord have mercy

You were sent to heal  
the contrite of heart:  
**Lord have mercy**

You came to call sinners:  
**Christ have mercy**

You are seated at the right hand of  
the Father to intercede for us:  
**Lord have mercy**



## Prayer of St Francis

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.

O Divine Master,  
grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life.



## Prayer of St Ignatius

Teach us, good Lord,  
to serve you as you deserve;  
To give and not to count the cost;  
To fight and not to heed the wounds;  
To toil and not to seek for rest;  
To labour and to ask for no reward,  
Save that of knowing  
That we do your will;  
Through Jesus Christ our Lord.

Amen



# Prayer of St Richard

Day by Day  
O dear Lord  
Three things I pray;  
To see thee more clearly  
Love thee more dearly  
And follow thee more nearly  
Day by day.

