

# Blessed Sacrament Catholic Primary School.



## Anti-Bullying Policy 2019

*“Aim high – live life to the full”*

Written By	Behaviour Team
Ratified by Governors	Autumn 201
Date for review	AUTUMN 2020
Signed Chair of Governors	<i>T Gunderson</i>
Signed Headteacher	<i>C Davey</i>

## **Statement of Intent**

In accordance with our Mission Statement, we are committed to providing a caring and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We promise that all staff will listen to pupils experiencing bullying and take action. All pupils are expected to tell a member of staff if they suspect someone else is being bullied. All staff must be alert to the signs of bullying and take prompt action. We aim to give every child, including those who are vulnerable or disadvantaged the best possible start in life and develop to their full potential. Our aim is for all children to achieve the five outcomes of Every Child Matters, that is to:

- Be healthy
- Stay safe
- Enjoy life and achieve their full potential
- Be interested and fully involved in the community they live
- Achieve economic independence

In particular, children should expect to:

- Be able to grow and develop in safety and free from prejudice and discrimination.
- Be listened to and have their views taken into account
- Be treated with respect
- Belong to and be valued in their community.
- See their needs and interests at the heart of everything we do.

## **What is bullying?**

The government defines bullying as; behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally.

Bullying can be:

- Emotional... being unfriendly, excluding, tormenting.
- Physical... pushing, kicking, hitting, punching or any use of violence.
- Racist... racial taunts, graffiti, gestures.
- Sexual... unwanted physical contact or sexual abusive comments.
- Homophobic... because of, or focussing on the issue of sexuality.
- Verbal... name calling, sarcasm, spreading rumours, teasing.
- Cyber... all areas of internet, such as email and mobile threats.

## **Objectives**

- All governors, teaching and non teaching staff, pupils and parents should have an understanding of what bullying is.
- All governors and teaching and non teaching staff should know what the school policy is on bullying and follow it when bullying is reported.
- All pupils and parents should know what the schools policy is on bullying, and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying is not tolerated.

## **Signs of behaviour**

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened to come to school.
- becomes withdrawn, anxious or lacking in confidence.
- begins to do poorly at school.
- feels ill in the morning
- has possessions which are continually damaged.
- is frightened to say what is wrong.
- stops eating

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be monitored or investigated.

## **Procedures**

1. Staff should make a record of incidents of bullying and inform their Phase Leader, the person responsible for Safety and Behaviour (J. Griffin) or the Head Teacher.
2. Once bullying is firmly established parents of the bullied and the bully will be informed and will be asked to come to a meeting to discuss the problem separately or together if appropriate. (Record of conversation will kept)
3. The bullying behaviour or threats of bullying will be investigated and the bullying stopped quickly
4. An attempt will be made to help the bully change their behaviour
5. Monitoring and observations in class and in the playground will take place by a range of staff. CPOMS will be used to record any incidents of bullying and information shared with key staff

## **Outcomes**

1. The bully/bullies will be asked to genuinely apologise.
2. If possible the pupils will be reconciled.
3. The bully and bullied will be offered the opportunity to attend Nurture Base, Lunchtime Club or an opportunity to have regular meetings with the Learning Mentor.
4. Class Teachers will revisit class and school rules and revisit appropriate PHSCE units.
5. After the incident has been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.
6. In extreme cases of bullying an IBP will put in place. (Include a range of rewards and sanctions)
7. All racist incidents will be recorded on CPOMS and the LA notified
8. Children who have been bullied will be supported in restoring their self esteem and confidence.
9. Children who have been bullies will be offered support and staff will endeavour to find out why they became involved in the bullying.
10. The child who has suffered bullying will be offered a peer mentor and the opportunity to attend SAP.
11. In very extreme cases the Head Teacher will consider exclusion.

## **Prevention**

- School rules displayed in hall and around school and will be revisited frequently.
- Mission statement displayed in each class and main corridor and known by the children.
- Assemblies on bullying of any kind.
- Heart Smart / PHSCE units used during circle time.
- Role play.
- Stories.
- Issues discussed in RE curriculum.
- School behaviour Policy followed and ROAR
- P4C
- School counsellor and SAP groups
- ROCKET group (peer mediators and prefects) used to support peers during playtimes

## **APPENDIX 1**

This Policy takes into account:

- “Safe to Learn” –Embedding anti-bullying work in schools. DCSF
- “Preventing and tackling bullying” DFE.

Teachers have the right to challenge bullying that happens outside school

## **APPENDIX 2**

The Chair of Governors, Head Teacher and a member of Schools Council will sign the *Charter for Action* annually.